

Bayview Primary School

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Thursday 19th August

Morena Team Bayview

We hope you and your whanau are adapting to life in alert level 4. Staying at home is the number one priority for the safety of all. We all know what we need to do to help keep our community as safe as possible.

Just a reminder that Bayview School grounds are CLOSED during alert level 4. This includes the playgrounds, courts, fields and all other areas.

The Ministry of Education is in constant communication with us and we will continue to follow their direction and communicate with you any changes.

Locations of interest

The number of locations of interest will continue to grow. Please **keep checking** the list on the [Ministry of Health website](#). If you have been at a [location of interest](#) within the relevant time periods, please self isolate and follow all public health advice. You must call Healthline on 0800 358 5453 for information about getting a test.

****Please note there are a number of places in Glenfield including Glenfield Mall, Glenfield McDonalds and Pak n Save in Wairau. Please check this list closely.****

If people have cold or flu symptoms they should call their doctor or Healthline on 0800 358 5453 for advice about getting tested. If recommended to get tested, they should do so.

Support

Many families may find it tough going back into Alert Level 4. It can be challenging having children at home, being cut off from family and friends, trying to make ends meet and have high stress levels.

If you or anyone you know wants some advice or support over this time here are some further options that might be useful.

Support services that remain open:

- Women's Refuge 0800REFUGE or 0800 733 843
- Shine 0508 744 633
- Alcohol and Drug Helpline 0800 787 797
- Oranga Tamariki call centre 0508FAMILY
- CADS 0800 367 222
- Narcotics Anonymous 0800 628 632
- Alcoholics Anonymous 0800 229 6757
- Lifeline 0800 543 354 or free text 4357
- Youthline 0800 376 633 or free text 234
- Samaritans 0800 726 666
- Outline (LGBT) 0800 688 5463
- Depression Helpline 0800 111 757
- Suicide Prevention Helpline 0508 828 865
- The Fono West (Social Services) 09 837 1780
- Counselling Free Call or Text 1737
- Healthline for COVID-19 health advice: 0800 358 5453

If you know someone who needs financial assistance, please tell him/her to call the free government helpline 0800 779 997 (8am–1am, seven days a week).

If you know someone is feeling anxious, frustrated or needs a listening ear, they can call or text 1737 to talk with a trained counsellor. It is free 24 hours a day, seven days a week.

For more comprehensive information for what Alert level 4 means for you and your whanau please follow this link. [COVID-19 Alert Level 4](#)

We will continue to communicate with you all as things change. Please don't hesitate to reach out to Jacob or myself if you need anything jacoba@bayview.school.nz shelleym@bayview.school.nz

Ngā mihi nui

Shelley Matuku
Acting Principal